

**ROLLING  
SLUMBER**

# **BED RACES**

**Join Us!**

We're looking for some bed racing enthusiasts to put on a show, win prizes and bragging rights in the process! This event draws huge crowds and media coverage local network, radio and local papers. This event is open to all businesses, civic groups, community organizations or friends & neighbors that just want to get in on the fun and excitement of bed racing! Get your group together now and start planning to create your entry, whether for **fun, speed or creativity!**



**Divisions**

Divisions will be determined based on the number of entries, if needed

**Prize  
Categories**

- Most Creative Bed Design
- Best Team Spirit
- Timed Race winners (per division, if applicable)



**Date:**

**Saturday, November 12<sup>th</sup> 2016**

**Time:**

**Bed Parade & Judging starts at 11:00  
Race Heats start at 11:10 am**

**Location:**

**Park Row (across from the Mall)  
Downtown Brunswick, Maine**

**FMI:**

**Call the BDA Office: 207-729-4439  
Email Tom Barter: [tbarter@atlanticregional.com](mailto:tbarter@atlanticregional.com)**

**Registration Information:**

Registration form: [www.brunswickdowntown.org](http://www.brunswickdowntown.org)

- Entry Fee: \$35 per team
- Early registration discount \$10 by October 31<sup>st</sup>
- All monies due by Nov. 4th, 2016

# Rolling Slumber Bed Race

## P'rticulars

### **Rules (there aren't too many but they're important)**

1. Each team must consist of 5 adults (18 years or older) including 4 runners and 1 rider with 2 runners at the front of the bed and 2 in the rear; participants can be employees, friends, relatives or deadbeats; limit of 4 additional members as a "pit crew" to assist the team pre/post race (in case "some assembly, or reassembly" is required)
2. Races are timed and based on the crossing of the entire bed across the start/finish line
3. Teams may be given the chance to run a 2<sup>nd</sup> heat to improve their finish time to qualify for finals
4. All beds must be decorated somehow so GET CREATIVE (Prize for the best overall bed)
5. Use of themed costumes or pajamas for all team members is highly encouraged (appropriate attire please); prize for most team spirit...but not most *spirits*)
6. Each race will consist of two beds racing side by side on Park Row against time to complete one run down race course (approximately 150'), reverse direction (both bed and team) and return to finish line (2 runs per team minimum); each team will be timed to determine placement/advancement to finals
7. One person must ride (stay) on the bed at all times during the timed races; losing your rider is not recommended and results in disqualification)
8. All beds must report for inspection no later than 10:30 am; failure to report for inspection or failure to meet the rules & regulations set forth could result in disqualification and forfeiture of entry fee. Yes, really.
9. Teams must not interfere with opponents in any way during the even and must conduct themselves according to the highest standards of sportsmanship (although showboating is encouraged)
10. Audience safety must be taken into consideration-no throwing of any items from the beds (candy, trinkets, etc.); be aware of surroundings and respond accordingly
11. The use of helmets and other protective gear is strongly encouraged for all team members; sturdy footwear is highly recommended. All team members must cross the finish line with their bed (finish time determined by the head of the bed passing the finish line). Any bed that collapses, loses a wheel or member of the team will be disqualified (please retrieve lost pieces, or teammates)
12. All decisions made by Race Officials are final
13. All teams must be prepared for and enter the parade by 10:59 am
14. All bed and team costs are borne by entrants, this includes entry fee

### **Bed Construction Regulations**

- Beds do not need to be made from actual bed frames but must mimic a real bed (headboard/footboard); overall dimensions must be a minimum of 36" wide, 60" long with a maximum of 66" wide and 90" long and a maximum height of 66" (including all attachments, wheels, decorations, etc.)
- Beds must have a mattress of typical material; air mattresses are allowed but must be the same size as the bed and fully inflated; futon-style or casket linings are acceptable
- Push bars are allowed but may not extend more than 12" beyond the width of the bed (but not to exceed 66" overall width). All push bars are to be designed for safety with no sharp or jagged edges allowed, padding is encouraged
- Beds must have all wheels in contact with the ground and can be of any size or design; rotating or swivel wheels are suggested for better control and turning; 3 wheeled beds are not as stable
- Steering mechanisms can be used but must be kept in full control at all times
- No bed may have any motorized or mechanical means of motion; pushing only (no pulling)
- Safety is a must-ensure all parts of the bed including decorations are securely attached; no glass please
- All beds must pass inspection by the officials prior to the race (inspections held by 10:30 am)

### **The most important Rule**

- Come to have fun, entice others to create a bed and also have fun, and tell your friends and neighbors to come cheer for their favorite team *and* have fun!